

2008 COUNTY RANKINGS

UNDER 13 BOYS - OUTDOOR PERFORMANCES

100m

13.0	Harry Town	D&T	21/9	Hemel H
13.6	Callum Scutt	HPX	8/6	Basildon
13.8	Antonio Puntrello	E&H	22/6	Reading
13.9	Jack Downes	StA		
14.0	Sam Jones	HPX	1/6	Welwyn GC
14.0	Aaron Smith	SNH	20/9	Stevenage
14.0	William Ridgway	SNH	20/9	Stevenage
14.0	Joshua Foo	D&T	21/9	Hemel H
14.0	Matthew Cloke	StA		
14.1	Liam Sulaman	WAT	13/7	Thurrock
14.18/-0.4	R Thompson	BAR	11/5	Watford
14.27/-0.4	Steven Inns	D&T	11/5	Watford
14.3	Daniel Barcroft	HPX	21/3	Welwyn
14.3	Tyler Exton	SNH	20/9	Stevenage
14.4	Kyle Young	SNH	29/6	Stevenage
14.4	Charlie Manning	HPX	14/9	Hemel H
14.4	H Chadwick	D&T	21/9	Hemel H
14.4	Liam Sheppard	SNH	27/9	Beford
14.5	Daniel Betts	HPX	27/4	Lee Valley
14.5	Kyle Chisolm	WAT	29/6	Watford
14.6	B Salih	WAT	17/8	Watford
14.6	Toby Hartley	SNH	14/9	Bedford
14.6	Keiran Wilde	StA		
14.8	Vishal Saroye	SNH	8/6	St Ives
14.8	James Hall	HPX	13/7	Stevenage
14.9	Harry Gaughan	HPX	4/5	Erith
14.9/0.8	Jamie Jones	HPX	4/6	Watford
14.9	Louis Affor	HPX	11/6	Hemel H
14.9	Harvey O'Brart	WAT	3/8	Sandy
15.0	Joshua Johnson	WAT	3/8	Sandy
15.1	Kai Hammond	WAT	15/6	Watford
15.1	Harry Wickings	WAT	13/7	Thurrock
15.1	Stephen Brown	SNH	20/9	Stevenage
15.14	Cameron Boyne	SNH	27/9	Bedford
15.2	David Spicer	SNH	21/3	Welwyn GC
15.3	R Redshaw	StA		
15.4	James Hall	HPX	21/3	Welwyn GC
15.4	Jack Hurley	SNH	8/6	St Ives
15.4	Daniel Stevens	D&T	11/6	Hemel H
15.4	Synclair Stuart	SNH	20/9	Stevenage
15.43/-1.3	Sam Segameglio	SNH	11/5	Watford
15.49/-1.8	W Martin	BAR	11/5	Watford
15.5	Patrick Semark	HPX	8/6	Basildon
15.5	Tim Ashby	D&T	14/9	Hemel H
15.6	Richard Atkinson	SNH	08/6	St Ives
15.6	Josh Daramola	SNH	29/6	Stevenage
15.61/-1.3	C Murchison	BAR	11/5	Watford
15.7	Lucien George	D&T	21/9	Hemel H
15.8	Harry Dymoke	SNH	03/8	Bury SE
15.8	B Collins	StA		
15.9	S Simmond	WAT	17/8	Watford
16.0	William Pritchard	SNH	27/4	Braintree
16.1	S Plasted	WAT	29/6	Watford
16.17/-1.8	Owen Lloyd	D&T	11/5	Watford
16.2	Edward Lawford	StA		
16.2	J Owler	StA		
16.41/-1.3	George Lilley	D&T	11/5	Watford
16.5	Jonathan Davies	WAT	29/6	Watford
16.5	L Walsh	D&T	21/9	Hemel H
16.6	Matthew Lavelle	StA	11/6	Hemel H
16.7	Jack Pickford	WAT	27/4	Basildon
16.75/-1.3	C Nash	BAR	11/5	Watford

16.9	Sam Hartup	HPX	21/3	Welwyn GC
16.9	Jake Phillips	WAT	27/4	Basildon
17.1	T Giles	StA		

200m

28.8	Harry Town	D&T	27/4	Braintree
28.9	Daniel Betts	HPX	18/5	Lee Valley
28.9	Sam Jones	HPX	1/6	Welwyn GC
29.0	Matthew Cloke	StA		
29.1	Liam Sheppard	SNH	20/9	Stevenage
29.1	Jack Downes	StA		
29.17/0.3	R Thompson	BAR	11/5	Watford
29.6	Callum Scutt	HPX	8/6	Basildon
29.9	Joe Maude	ROY	11/6	Hemel H
30.0	Adam Thorpe	HPX	8/6	Basildon
30.0	Vishal Saroye	SNH	20/9	Stevenage
30.1	Kai Hammond	WAT	29/6	Watford
30.3	Richard Gill	HPX	4/5	Erith
30.3	Harry Gaughan	HPX	4/5	Erith
30.3	Liam Sulaman	WAT	29/6	Watford
30.3	Joshua Foo	D&T	21/9	Hemel H
30.31	Antonio Puntrello	E&H	12/4	Lee Valley
30.6	Oliver Priest	SNH	08/6	St Ives
30.6	Aaron Smith	SNH	03/8	Bury SE
30.8	Kyle Chisolm	WAT	29/6	Watford
31.0	Harvey O'Brart	WAT	3/8	Sandy
31.0	L Head	D&T	14/9	Hemel H
31.16/0.3	Jasper Durrant	D&T	11/5	Watford
31.2	Steven Inns	D&T	27/4	Braintree
31.2	Jamie Jones	HPX	3/8	Sandy
31.5	Harry Wickings	WAT	8/6	St Ives
31.5	Charlie Manning	HPX	13/7	Stevenage
32.1	Alex Close	ROY	11/6	Hemel H
32.8	Tim Ashby	D&T	21/9	Hemel H
32.9	B Collins	StA		
33.0	Robert Brimby	SNH	14/9	Bedford
33.1	Owen Lloyd	D&T	21/9	Hemel H
33.2	Steve Brown	SNH	03/8	Bury SE
33.2	Edward Lawford	StA		
33.34/0.3	Steven Inns	D&T	11/5	Watford
33.8	Matthew Mardle	SNH	20/9	Stevenage
34.3	William Pritchard	SNH	11/6	Hemel H
34.3	Gus Rees	ROY	11/6	Hemel H
34.3	Mark Bugler	SNH	20/9	Stevenage
34.7	Jack Pickford	WAT	27/4	Basildon
34.92/0.3	George Lilley	D&T	11/5	Watford
35.2	A Clement	D&T	21/9	Hemel H
35.6	Zachary Veitch	HPX	21/3	Welwyn GC
35.6	Roy Pugh	SNH	13/7	Stevenage
35.7	Andrew Kinsella	SNH	08/6	St Ives
36.0	Thomas Butler	D&T	21/9	Hemel H

800m

2:27.48	M Baggio	D&T	11/5	Watford
2:28.40	Sam Jones	HPX	11/5	Watford
2:29.4	Harvey O'Brart	WAT	3/8	Sandy
2:29.53	William Ridgeway	SNH	27/9	Bedford
2:32.9	Joe Maude	ROY	11/6	Hemel H
2:33.8	Matthew Cloke	StA		
2:35.5	Adam Thorpe	HPX	11/6	Hemel H
2:36.0	J McEntee	D&T	14/6	Watford
2:37.0	Liam Cloona	HPX	21/3	Welwyn GC
2:38.0	Shaw Allen	StA		
2:38.3	Oliver Priest	SNH	8/6	St Ives
2:38.3	Kai Hammond	WAT	11/6	Hemel H
2:38.5	Richard Gill	HPX	8/6	Basildon
2:39.3	Andrew Wheatcroft	StA		
2:39.4	Sam Serameglio	SNH	13/7	Stevenage

2:40.5	Gus Rees	ROY	11/6	Hemel H
2:40.8	M Simpson	D&T	13/7	Luton
2:41.9	Daniel Stevens	D&T	22/6	Hemel H
2:42.5	Liam Sheppard	SNH	20/9	Stevenage
2:42.8	Matthew Simpson	D&T	11/6	Hemel H
2:48.43	B Parsons	D&T	11/5	Watford
2:49.8	Matthew Wright	WAT	29/6	Watford
2:49.8	G Williams	StA		
2:49.9	Harry Wickings	WAT	13/7	Thurrock
2:50.3	Joshua Foo	D&T	27/4	Braintree
2:50.7	Alex Close	ROY	11/6	Hemel H
2:51.0	Tim Ashby	D&T	21/9	Hemel H
2:51.7	Jake Cable	HPX	14/9	Hemel H
2:52.33	Steven Inns	D&T	27/7	Kingston
2:52.7	Matthew Mardle	SNH	8/6	St Ives
2:53.20	A Atkinson	BAR	11/5	Watford
2:54.3	A Lavelle	StA		
2:54.6	Jake Phillips	WAT	11/6	Hemel H
2:54.8	Edward Lawford	StA		
2:55.9	Jacob Gardiner-Smith	WAT	15/6	Watford
2:57.0	Jack Pickford	WAT	27/4	Basildon
2:57.2	Charley Manning	HPX	8/6	Basildon
2:57.7	Tom Maguire	E&H	27/4	Lee Valley
3:01.6	Harry Gaughan	HPX	1/6	Welwyn GC
3:01.8	Maxim Harris	StA	11/6	Hemel H
3:02.1	Cameron Boyne	SNH	20/9	Stevenage
3:03.7	David Spicer	SNH	20/9	Stevenage
3:06.4	Andrew Kinsella	SNH	11/6	Hemel H
3:08.8	George Lilley	D&T	22/6	Hemel H
3:09.0	B Collins	StA		
3:09.6	Steven Inns	D&T	22/6	Hemel H
3:10.2	Thomas Butler	D&T	22/6	Hemel H
3:10.6	J Owler	StA		
3:11.1	Lucien George	D&T	27/4	Braintree
3:12.7	Joshua Johnson	WAT	15/6	Watford
3:13.6	Owen Lloyd	D&T	22/6	Hemel H
3:41.5	Mark Bugler	SNH	20/9	Stevenage
3:41.5	Tyler Exton	SNH	20/9	Stevenage
3:56.7	Aaron Smith	SNH	20/9	Stevenage

1500m

4:54.14	Liam Cloona	HPX	27/7	Kingston
5:08.8	Nicholas Doyle	HPX	1/6	Welwyn GC
5:08.8	Nicholas Doyle	HPX	1/6	Welwyn GC
5:13.1	Daniel Barcroft	HPX	21/3	Welwyn GC
5:13.5	J McEntee	D&T	21/9	Hemel H
5:15.8	J Durrant	D&T	21/9	Hemel H
5:16.3	Matthew Cloke	StA	5/5	Stevenage
5:18.7	Matthew Simpson	D&T	5/5	Stevenage
5:19.9	Charlie Laurence	HPX	29/6	Chelmsford
5:22.9	Shaw Allen	StA	18/5	St Albans
5:28.6	Jacob Gardiner-Smith	WAT	13/7	Thurrock
5:28.8	Joshua Warren	WAT	13/7	Thurrock
5:30.2	Luke Hurley	SNH	3/8	Bury SE
5:30.7	Harvey O'Brart	WAT	17/8	Watford
5:30.8	Adam Thorpe	HPX	1/6	Welwyn GC
5:49.6	Tim Ashby	D&T	29/6	St albans
5:51.9	Edward Marsh	WAT	27/4	Basildon
5:58.5	Edward Lawford	StA		
5:58.8	Jake Phillips	WAT	13/7	Thurrock
5:59.2	Matthew Mardle	SNH	14/9	Bedford
6:00.4	William Pritchard	SNH	3/8	Bury SE
6:19.5	Vishal Saroye	SNH	20/9	Stevenage
6:27.0	Jake Cable	HPX	27/4	Lee Valley
6:44.2	Charles Minashi	WAT	3/8	Sandy
6:58.1	David Spicer	SNH	8/6	St Ives
7:04.9	J Owler	StA		

70m Hurdles

16.5 Edward Lawford StA

75m Hurdles

13.5 H Chadwick D&T 21/9 Hemel H
14.52/0.5 Daniel Betts HPX 27/7 Kingston
15.0 Tyler Exton SNH 27/9 Bedford
15.4 Charley Manning HPX 13/7 Stevenage
15.5 Louis Affor HPX 27/4 Lee Valley
15.5 Joshua Foo D&T 8/6 Hemel H
15.5 L Head D&T 14/9 Hemel H
15.5 Vishal Saroye SNH 6/7 Cambridge
15.8 Patrick Semark HPX 8/6 Basildon
15.8 Daniel Stevens D&T 21/9 Hemel H
15.8 Shaw Allen StA
15.9 Steven Inns D&T 13/7 Luton
15.9 David Spicer SNH 29/6 Stevenage
16.0 Matthew Wright WAT 8/6 St Ives
16.1 William Ridgeway SNH 22/6 Hemel H
16.1 Nicholas Doyle HPX 3/8 Sandy
16.2 Zachary Veitch HPX 21/3 Welwyn GC
16.3 Lucien George D&T 29/6 St Albans
16.6 B Collins StA
16.6 Roy Pugh SNH 13/7 Stevenage
16.7 Edward Lawford StA
16.8 Owen Lloyd D&T 21/9 Hemel H
16.9 T Giles StA
17.0 Matthew Mardle SNH 8/6 St Ives
17.2 H Samson WAT 15/6 Watford
17.3 Patrick Semark HPX 11/6 Hemel H
17.3 Tim Ashby D&T 22/6 Hemel H
17.5 Andrew Wheatcroft StA
17.6 Jake Phillips WAT 8/6 St Ives
17.6 Charles Minashi WAT 15/6 Watford
18.1 George Lilley D&T 22/6 Hemel H
18.9 Jake Cable HPX 20/7 Perivale
19.0 Lucien George D&T 11/6 Hemel H
19.0 Thomas Butler D&T 22/6 Hemel H
19.2 Joshua Johnson WAT 13/7 Thurrock

High Jump

1.45 William Ridgeway SNH 14/9 Bedford
1.40 Steven Inns D&T 29/6 St Albans
1.32 Liam Sulaman WAT 2/7 Watford
1.30 Matthew Wright WAT 29/6 Watford
1.30 Kai Hammond WAT 3/8 Sandy
1.30 H Chadwick D&T 21/9 Hemel H
1.29 Aaron Smith SNH 13/7 Stevenage
1.29 Jake Cable HPX 20/7 Perivale
1.27 Andrew Wheatcroft StA
1.25 Shaw Allen StA 18/5 St Albans
1.25 Vish Saroye SNH 8/6 St Ives
1.25 Joshua Foo D&T 13/7 Luton
1.23 Daniel Stevens D&T 22/6 Hemel H
1.20 David Spicer SNH 19/6 Sandy
1.20 Joshua Johnson WAT 3/8 Sandy
1.15 George Williams StA 18/5 St Albans
1.15 Nicholas Doyle HPX 13/7 Stevenage
1.15 Dominic Knight E&H 3/8 Cambridge
1.15 Cameron Boyne SNH 20/9 Stevenage
1.15 L Walsh D&T 21/9 Hemel H
1.11 Tim Ashby D&T 22/6 Hemel H
1.11 Owen Lloyd D&T 22/6 Hemel H
1.10 Charley Manning HPX 8/6 Basildon
1.10 Lucien George D&T 21/9 Hemel H
1.10 B Collins StA
1.08 Thomas Butler D&T 22/6 Hemel H
1.05 B Parsons D&T 11/5 Watford

1.05	Louis Affor	HPX	18/5	Lee Valley
1.05	George Lilley	D&T	22/6	Hemel H
1.05	Harry Dymoke	SNH	3/8	Bury SE
1.05	Matthew Mardle	SNH	20/9	Stevenage
1.05	T Giles	StA		
1.00	Jacob Gardiner-Smith	WAT	15/6	Watford

Pole Vault

2.00	L Walsh	D&T	21/9	Hemel H
------	---------	-----	------	---------

Long Jump

4.51	Callum Scutt	HPX	14/9	Hemel H
4.44	Daniel Betts	HPX	29/6	Chelmsford
4.29	Joshua Foo	D&T	27/7	Kingston
4.29	Jack Downes	StA		
4.18/-1.7	R Thompson	BAR	11/5	Watford
4.17/-1.2	Jack Downes	StA	11/5	Watford
4.14	Harry Town	D&T	21/9	Hemel h
4.10	Matthew Cloke	StA		
4.08	Vishal Saroye	SNH	3/8	Bury SE
4.08	Tyler Exton	SNH	27/9	Bedford
3.91	Liam Sheppard	SNH	27/9	Bedford
3.90	Harry Gaughan	HPX	20/7	Perivale
3.88	James Hall	HPX	13/7	Stevenage
3.87	Andrew West	SNH	29/6	Stevenage
3.84	Steven Inns	D&T	27/4	Braintree
3.81/-0.7	Sam Segameglio	SNH	11/5	Watford
3.81	Charley Manning	HPX	29/6	Chelmsford
3.80	Alex Close	ROY	11/6	Hemel H
3.78	Richard Gill	HPX	8/6	Basildon
3.75	K Wilde	StA		
3.74	Owen Lloyd	D&T	22/6	Hemel H
3.73	Jake Cable	HPX	3/8	Sandy
3.73	Lucien George	D&T	14/9	Hemel h
3.70	Joshua Johnson	WAT	13/7	Thurrock
3.64	Daniel Stevens	D&T	22/6	Hemel H
3.64	David Spicer	SNH	14/9	Bedford
3.61	Matthew Wright	WAT	8/6	St Ives
3.60	A Clement	D&T	21/9	Hemel H
3.57	Sam Jones	HPX	18/5	Lee Valley
3.55	Adam Thorpe	HPX	11/6	Hemel H
3.54	Harry Wickings	WAT	13/7	Thurrock
3.51	B Collins	StA		
3.50	Richard Atkinson	SNH	8/6	St Ives
3.50	G Williams	StA		
3.49	L Head	D&T	13/7	Luton
3.48	J Owler	StA		
3.46	Steven Inns	D&T	22/6	Hemel H
3.44	Patrick Seemark	HPX	13/7	Stevenage
3.39/-0.4	George Lilley	D&T	11/5	Watford
3.37	Jake Cable	HPX	21/3	Welwyn GC
3.34	William Ridgway	SNH	22/6	Hemel H
3.32	Kai Hammond	WAT	29/6	Watford
3.29/-0.2	C Nash	BAR	11/5	Watford
3.25	R Tinker	D&T	27/4	Braintree
3.25/-0.6	B Parsons	D&T	11/5	Watford
3.25	Andrew Kinsella	SNH	11/6	Hemel H
3.24	Matthew Mardle	SNH	27/4	Braintree
3.24	S Simmond	WAT	17/8	Watford
3.23	B Salih	WAT	17/8	Watford
3.22	Tim Ashby	D&T	22/6	Hemel H
3.22	Synclair Stuart	SNH	20/9	Stevenage
3.11	Jack Pickford	WAT	29/6	Watford
3.10	Charles Minashi	WAT	3/8	Sandy
3.08	Jake Phillips	WAT	11/6	Hemel H
3.06	Harry Dymoke	SNH	11/6	Hemel H
2.92	Jacob Gardiner-Smith	WAT	15/6	Watford
2.91	James Hall	HPX	21/3	Welwyn GC

2.83	Thomas Butler	D&T	22/6	Hemel H
2.54	Mark Bugler	SNH	20/9	Stevenage
2.30	Peter Pickford	WAT	27/4	Basildon
2.28	Stephen Brown	SNH	20/9	Stevenage
1.92	Charlie Young	WAT	3/8	Sandy

Shot

9.49	Tyler Exton	SNH	20/9	Stevenage
8.96	Daniel Knight	E&H	6/9	Manchester
7.09	William Ridgway	SNH	22/6	Hemel H
7.09	William Ridgeway	SNH	22/6	Hemel H
6.48	Richard Gill	HPX	29/6	Chelmsford
6.33	Aaron Smith	SNH	20/9	Stevenage
6.28	Liam Sheppard	SNH	20/9	Stevenage
6.26	Adam Thorpe	HPX	27/4	Lee Valley
6.16	Chris Inns	D&T	29/6	St Albans
6.15	Callum Scutt	HPX	3/8	Sandy
6.03	Peter Pickford	WAT	13/7	Thurrock
5.99	Chris Inns	D&T	11/6	Hemel H
5.96	Toby Hartley	SNH	14/9	Bedford
5.92	Joshua Johnson	WAT	3/8	Sandy
5.80	Alex Day	SNH	8/6	St Ives
5.79	Joshua Foo	D&T	22/6	Hemel H
5.67	Thomas Butler	D&T	22/6	Hemel H
5.58	Shaw Allen	StA	11/6	Hemel H
5.45	Daniel Stevens	D&T	22/6	Hemel H
5.44	David Spicer	SNH	27/9	Bedford
5.39	F Briffitt	UNA	11/5	Watford
5.36	Jake Cable	HPX	27/4	Lee Valley
5.35	George Lilley	D&T	22/6	Hemel H
5.29	Tim Ashby	D&T	29/6	St Albans
5.17	J Owler	StA		
5.09	Harry Wickings	WAT	11/6	Hemel H
5.01	Charlie Young	WAT	3/8	Sandy
5.00	Matthew Cloke	StA		
4.93	Joe Mileusic	SNH	8/6	St Ives
4.91	Steven Inns	D&T	22/6	Hemel H
4.90	Liam Cloona	HPX	14/9	Hemel H
4.90	William Pritchard	SNH	3/8	Bury SE
4.89	J Durrant	D&T	13/7	Luton
4.86	Cameron Boyne	SNH	27/9	Bedford
4.80	Harry Town	D&T	27/4	Braintree
4.74	James Jones	HPX	1/6	Welwyn GC
4.60	Lucien George	D&T	11/6	Hemel H
4.22	Joseph Wilde	HPX	18/5	Lee Valley
4.22	Owen Lloyd	D&T	22/6	Hemel H
4.18	Louis Affor	HPX	11/6	Hemel H
4.05	Synclair Stuart	SNH	20/9	Stevenage
3.91	Matthew Lavelle	StA	11/6	Hemel H
3.90	Zachary Veitch	HPX	11/6	Hemel H
3.57	Edward Lawford	StA		
3.41	R Redshaw	StA		
3.17	Andrew Wheatcroft	StA	18/5	St Albans

Discus (1k)

20.12	Chris Inns	D&T	21/9	Hemel H
18.01	Patrick Semark	HPX	11/6	Hemel H
16.53	Richard Gill	HPX	29/6	Chelmsford
15.77	Vishal Saroye	SNH	20/9	Stevenage
15.73	Tyler Exton	SNH	14/9	Bedford
15.21	Steven Inns	D&T	27/7	Kingston
14.87	Charlie Manning	HPX	11/6	Hemel H
14.66	Peter Pickford	WAT	27/4	Basildon
14.55	Alex Day	SNH	8/6	St Ives
14.47	Matthew Mardle	SNH	14/9	Bedford
14.45	Joe Milusevic	SNH	29/6	Stevenage
13.62	Andrew Wheatcroft	StA		
12.97	Thomas Butler	D&T	21/9	Hemel H

12.83	Charlie Young	WAT	13/7	Thurrock
12.78	B Collins	StA		
12.47	Lucien George	D&T	29/6	St Albans
11.32	Jake Cable	HPX	14/9	Hemel H
10.97	Joshua Foo	D&T	13/7	Luton
10.71	J Owler	StA		
10.52	Stephen Brown	SNH	20/9	Stevenage
9.88	Jamie Jones	HPX	29/6	Chelmsford
9.35	Andrew Kinsella	SNH	8/6	St Ives
8.19	R Tinker	D&T	27/4	Braintree
7.83	Sam Jones	HPX	3/8	Sandy
5.69	Edward Lawford			

Discus (1.25k)

17.54	Daniel Knight	E&H	29/6	Watford
-------	---------------	-----	------	---------

Javelin

21.99	Tim Ashby	D&T	27/7	Kingston
20.83	Matthew Mardle	SNH	20/9	Stevenage
20.49	Tyler Exton	SNH	27/7	Kingston
18.01	Patrick Seemark	HPX	11/6	Hemel H
16.32	Steven Inns	D&T	21/9	Hemel H
16.17	Andrew Wheatcroft	StA	11/6	Hemel H
15.69	J Durrant	D&T	21/9	Hemel H
14.87	Charlie Manning	HPX	11/6	Hemel H
14.60	Jasper Durrant	D&T	11/6	Hemel H
12.27	Edward Lawford	StA	11/6	Hemel H
9.43	David Spicer	SNH	11/6	Hemel H
7.52	Chris Inns	D&T	21/9	Hemel H

Pentathlon

1138	William Ridgeway	SNH	22/6	Hemel H
994	Daniel Stevens	D&T	22/6	Hemel H
941	Joshua Foo	D&T	22/6	Hemel H
819	Steven Inns	D&T	22/6	Hemel H
657	Tim Ashby	D&T	22/6	Hemel H
639	Owen Lloyd	D&T	22/6	Hemel H
554	George Lilley	D&T	22/6	Hemel H
498	Thomas Butler	D&T	22/6	Hemel H

RELAYS

4x100m

55.27	Herts	27/7	Kingston
58.4	Herts Phoenix	11/6	Hemel H
58.7	Stevenage & NH	14/9	Bedford
58.9	St Albans		
59.6	Watford	13/7	Thurrock
60.1	Dacorum & Tring	11/6	Hemel H
63.5	Royston	11/6	Hemel H

INDOOR PERFORMANCES

60 metres

9.97	Jake Phillips	WAT	16/2	Uxbridge
------	---------------	-----	------	----------

Long Jump

3.65	Antonio Puntrello	E&H	13/1	Lee Valley
3.16	Robert Poth	E&H	13/1	Lee Valley
3.13	Daniel Poth	E&H	13/1	Lee Valley